

# Kapahulu Center

3410 Campbell Ave, Honolulu, Hawaii 96815 | (808) 737-1748 | www.kapahulucenter.org

# **MAY 2025**

#### **IMPORTANT DATES:**

May 1 - May / Lei Day May 5 - Boy's / Children's Day May 4 - 10: NOAA Hurricane Preparedness Week

May 11 - Mother's Day

May 23 - Center Closed May 26 - Center Closed

(Memorial Day)



#### **THANK YOU VOLUNTEERS!**

From weekly cleaning, daily classes, and special workshops to our Board of Directors, Site Council, major



events, and fundraiser pickup, we wouldn't be here without all of you, our amazing volunteers! Thank you so much!!!

#### **REMINDERS:**

The Food Pantry: As you clean out your pantry, please consider donating soon-to-expire or just expired items to The Food Pantry in Kalihi (https://thepantry.org/).

<u>Mailed Newsletter:</u> A reminder that members can sign-up with the office for monthly mailed copies of the newsletter. Thank you!

#### 2025 NOAA Hurricane Preparedness Week:

Its almost hurricane season! Learn more about how to be prepared with help from NOAA's hurricane preparedness week here: <a href="https://www.noaa.gov/hurricane-prep-social-media-english">https://www.noaa.gov/hurricane-prep-social-media-english</a> Print outs also available at the office.

#### **WEEKLY SCHEDULE:**

Reminder: Schedule is subject to change.

New participants sign-up in advance (no walk-ins)

Tue/Thu, 9:00am: Yoga

Tue, 9:00am: Beginning Ukulele

Tue, 10:30am: Kanikapila (May 6, 13, 20) \*last Tue, 10:30am: Japanese Ukulele (May 27)

Tue/Fri, 5 & 6pm: Aikido (Kids/Adult)

Wed, 9:00am: Tai Chi

Wed, 10:45am: Zumba Gold (No Class 5/7)

Thu, 10am: Shigin

Thu, 10:30am: Moving for Fun & Fitness Sat, 11am & 1pm: Japanese Bon Dance (waitlist)

#### SITE COUNCIL

Volunteer Site Council Members Needed! Please consider joining one of our meetings! The Site Council's role is to help listen, communicate and keep in touch with members, and help with decision making concerns. Our goal is to have at least one representative from each class. Highlights of each meeting are also posted to the bulletin board.

Thank you, Kapahulu Center Site Council



## **HAPPY BIRTHDAY!**

Koki Amemiya Theresa Hookano Yuki Kuhns Nene Ohara Joanne Takamura Conrad Ferrer Elaine Hutchinson Lori Nishimura Benny Pascua Charmaine Yee Hollison



#### **NEW MEMBERS:**

Kathleen Lee, Yoshimi Okubo

MAHALO ALL RETURNING MEMBERS!

# **HELP BOOST OUR CLASS PARTICIPATION!**

Help us spread the word about our programs and classes!

# **ZUMBA GOLD**

Wednesdays at 10:45am!





# **Moving for Fun & Fitness**

### Thursdays at 10:30am!

A fun fitness session featuring music from the 50's - 80's! Stay fit at any age!

# Aikido Kids & Adults

Tuesday & Friday week nights! Kids at 5pm & Adults at 6pm

