



May 1, 2023

Dear Kapahulu Center Members,

Thank you again for your understanding and support as we continue to balance the operations of our Center with everyone's health and safety relative to COVID-19.

Please see below are our updated safety protocols, effective **Mon., May 1, 2023**, and shared in a question-and-answer format. Again, if the answer to your question is not addressed below, please check with the office.

With deep appreciation,
Kapahulu Center Site Council

1. Is COVID vaccination required? And is the COVID booster required?

Yes, all participants are required to be fully vaccinated against COVID, and have at least 1 booster. Participants will be asked to bring their CDC COVID vaccination cards with them upon their next visit if they haven't already been checked by the Center's office. We will not keep a copy of your card.

2. Do I need to wear a mask?

For the months of April-May we are testing a reduction in masking, but only for the instructors of following exercise and dance classes: Yoga, Hula, Bon Dance, Move for Fun and Fitness. Masking will be optional only during class. This may also vary by class.

Masking is still required upon entering and exiting the Center, using the restrooms, and for all other classes and activities.

3. Do I need to socially distance?

Social distancing is not required, but recommended, and varies by class.

4. Will my temperature be taken?

No, we do not check temperatures. However, we ask for everyone's help to please stay home if you are not feeling well.

5. What if I am notified of close contact with a COVID positive individual?

Regardless of vaccination, please notify the office as soon as possible if you knowingly had contact with a COVID positive individual.

If you DO NOT have any symptoms, it is ok to come to class, but you must mask at all times while on property, and per CDC guidelines retrieved on 3/30/23, continue to mask for 10 days. After 5 days of no symptoms please test for COVID and notify the office if you test positive.

If you DO develop any symptoms and/or if you test positive for COVID, please immediately contact your healthcare provider, and follow CDC guidelines for isolation.

6. I don't have a fever, but if I don't feel well, can I still come to class?

No, regardless of vaccination, if you are feeling ill please remain at home. A reminder that COVID-19 symptoms can include, but are not limited to: cough, sore throat, or shortness of breath, any new muscle aches, headaches, fatigue, reduced sense of smell, runny nose, nausea, vomiting, diarrhea or abdominal pain.

7. May I eat and/or drink on site?

No eating, nor sharing of food or drinks is permitted. Participants are allowed bring a reusable water bottle, but must maintain a 6ft distance away from others when taking off their mask to drink water.

8. When and which classes are available?

Our latest schedule is updated and shared in our monthly newsletter, and is also updated monthly on our website at www.kapahulucenter.org/classes. Please note that it is subject to change. Participants must also sign-up for each class, and have received confirmation from the office in advance. No walk-ins allowed.

9. May I arrive early for class?

Participants may only arrive up to 10 minutes before the start of class (no waiting permitted in the parking lot in the car). There will also be no socializing, gathering, or loitering allowed between or after classes.

Additionally, entry to the Center will only be allowed from the wheelchair accessible ramp entrance near the office (please also use the doorbell). The craft room and ballroom doors will remain closed and locked during activities, and will only be used for exit once classes are finished.

10. How will class fees be collected?

Upon arrival, a volunteer or staff member will assist with sign-in, and fee collection. As a reminder, each class is \$7/class for non-members, and \$2/class for members. Please check with the office ahead of time to ensure your membership is current (\$50/year).

11. How do I join a new class/activity?

Please check with the office for availability, and sign-up in advance (no walk-ins).

12. Will someone be cleaning the rooms?

Yes, each class or activity is responsible for having volunteers from their group to clean the room after each use. The office will provide a "cleaning kit" with some instructions.

13. How do I visit the office?

As a reminder, all visitors must schedule an appointment prior to stopping by the Center. Please call the office at 808-737-1748, or email information@kapahulucenter.org to schedule a time to stop by.

14. I will be travelling. Are there any guidelines for my return?

Anyone travelling OUT OF STATE needs to notify the office. Upon return, they will refrain from visiting the Center for 3 days after their arrival date, and monitor symptoms, regardless of vaccination or a negative COVID test. This protocol does not apply to interisland travel. For everyone's health and safety, please continue to be transparent with the office.